

Types of Ocular Allergy: Summary²⁻⁴

Name	Causes	Symptoms	Treatment
Seasonal allergic conjunctivitis (SAC)	Seasonal allergens, e.g., pollen	• Itching • Redness • Swelling • Watery eyes	Antihistamines
Perennial allergic conjunctivitis (PAC)	Year-round allergens, e.g., dust mites, pet dander, fungal spores	• Itching • Redness • Swelling • Watery eyes	Preservative-free eye drops, antihistamines
Vernal atopic keratoconjunctivitis (VKC)	Combined climate and allergen exposure	• Intense itching • Light sensitivity • Redness • Swollen eyelids • Discharge	Eye drops, antihistamines, topical steroids
Atopic keratoconjunctivitis (AKC)	Allergen exposure, dermatitis, genetic predisposition	Eczema on the face and eyelids	Steroid ointment, tacrolimus ointment
Giant papillary conjunctivitis (GPC)	Foreign objects that allow allergens to enter the eye	• Itching • Redness • Discharge • Light sensitivity	Eye drops, antihistamines

References

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3. Baab S, Le PH, Gurnani B, Kinzer EE. Allergic conjunctivitis. In: StatPearls. StatPearls Publishing, 2026. <http://www.ncbi.nlm.nih.gov/books/NBK448118/>.
4. Leonardi A. Management of vernal keratoconjunctivitis. Ophthalmol Ther. 2013 Dec;2(2):73–88. doi: 10.1007/s40123-013-0019-y.